

**one  
month  
to live**

*Learn Humbly*

*Week Three*

**JOURNEY**  
lutheran ministries

[www.Journeylutheranministries.org](http://www.Journeylutheranministries.org)

# ***Learn Humbly***

## **Week Three**

### **Connect** *(10 minutes)*

Last week we focused on loving completely. Loving involves risk; it has ups and downs. It has had celebrations and crashes.

What's the hardest lesson you've learned from one of your love crashes? How has your attitude and actions been shaped because of this crash?

### **Respond** *(10 minutes)*

How would you simplify your life if you only had one month to live?

What material goods would you give away, or sell? What items on your schedule would be the first to go and why?

What is it that keeps you clinging to these material items and schedule?

### **Expand** *(60 minutes)*

**READ 2 Corinthians 12** (NIV 1984, ©1984)

<sup>7</sup> To keep me from becoming conceited because of these surpassingly great revelations, there was given me a thorn in my flesh, a messenger of Satan, to torment me. <sup>8</sup> Three times I pleaded

with the Lord to take it away from me. <sup>9</sup> But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. <sup>10</sup> That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

1. Like Paul, is there anything in your life that you have asked the Lord to take away, but it hasn’t been removed yet? Often, people think the Lord hasn’t removed it because either God wants to punish you for something, you are not special enough in His eyes like others, or your faith isn’t strong enough. Have you ever had these thoughts or 9others that pit you against God?
  
2. Re-read verses 8-9. What is another option of why you may still have this “thorn” in your life? How intentional are you in looking for God’s grace in your life? Remember, you don’t get to choose what trials come into your life, but you do get to choose your response. What response will you choose today?

**READ Luke 9:18-25 (NIV 1984, ©1984)**

18 Once when Jesus was praying in private and his disciples were with him, he asked them, “Who do the crowds say I am?” 19 They replied, “Some say John the Baptist; others say Elijah; and still others, that one of the prophets of long ago has come back to

life.” 20 “But what about you?” he asked. “Who do you say I am?” Peter answered, “The Christ of God.” 21 Jesus strictly warned them not to tell this to anyone. 22 And he said, “The Son of Man must suffer many things and be rejected by the elders, chief priests and teachers of the law, and he must be killed and on the third day be raised to life.” 23 Then he said to them all: “If anyone would come after me, he must deny himself and take up his cross daily and follow me. 24 For whoever wants to save his life will lose it, but whoever loses his life for me will save it. 25 What good is it for a man to gain the whole world, and yet lose or forfeit his very self?

3. Presently, what person or persons are you serving who offer you nothing in return? It's hard when people to reciprocate our service. Is that preventing you of giving yourself to them?
  
  
  
  
  
  
  
  
  
  
4. What does your life revolve around right now? Your family? Work? A dream? A goal? In what ways has this center sustained you? Where does Jesus fit in your life?
  
  
  
  
  
  
  
  
  
  
5. How difficult is it for you to admit your needs? What are the three greatest needs in your life right now? Who knows about them? What keeps you from sharing them with more people who care about you?

6. Re-read verses 23-25. This verse is part of the heart of Christianity. How does this play out in your life today, and how will it play out in your life tomorrow?

## **Honor** *(3 minutes)*

### **Pray together—**

- Asking God to use your willingness to deny yourself, pick up your cross and follow him, for spiritual growth with Him and love for others.

## **Apply** *(7 minutes)*

- ❖ Think through the people in your life right now. Choose one new acquaintance to befriend, someone who needs you more than you need them. Look for a way you can serve this person.

## **One Month to Live Cliff Notes**

### **Day 16**

**God has called each of us His children. Many people do not know their place in life because they have forgotten whose they are.**

### **Day 17**

**God gives us struggles, problems, and difficulties in our lives so we learn to put total dependence on Him.**

### **Day 18**

**God uses storms in our lives to grow our character. Let God navigate your life and you will know when to ride with a storm or to drop anchor and stand firm.**

### **Day 19**

**Spiritual restlessness comes from trying to avoid problems in our life. Our strength grows as we turn our problems over to the Lord.**

### **Day 20**

**Jesus tells us to earthquake proof our lives by building our lives on a solid foundation. When we stop worrying is a good indicator that our foundation is built on Him.**

### **Day 21**

**Being a person of integrity is to be the same person no matter where we are or whom we are with. In all the things we do we are to honor the Lord with our whole lives.**

### **Day 22**

**When you need help in your life admit your need and turn it over to the Lord; stop trying to do it all on your own; focus on others and not on yourself; let the Lord provide you with what you really need.**

# Notes

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